

HOW TO MAKE

*Inktober*

EASY

(SWIPE TO READ)

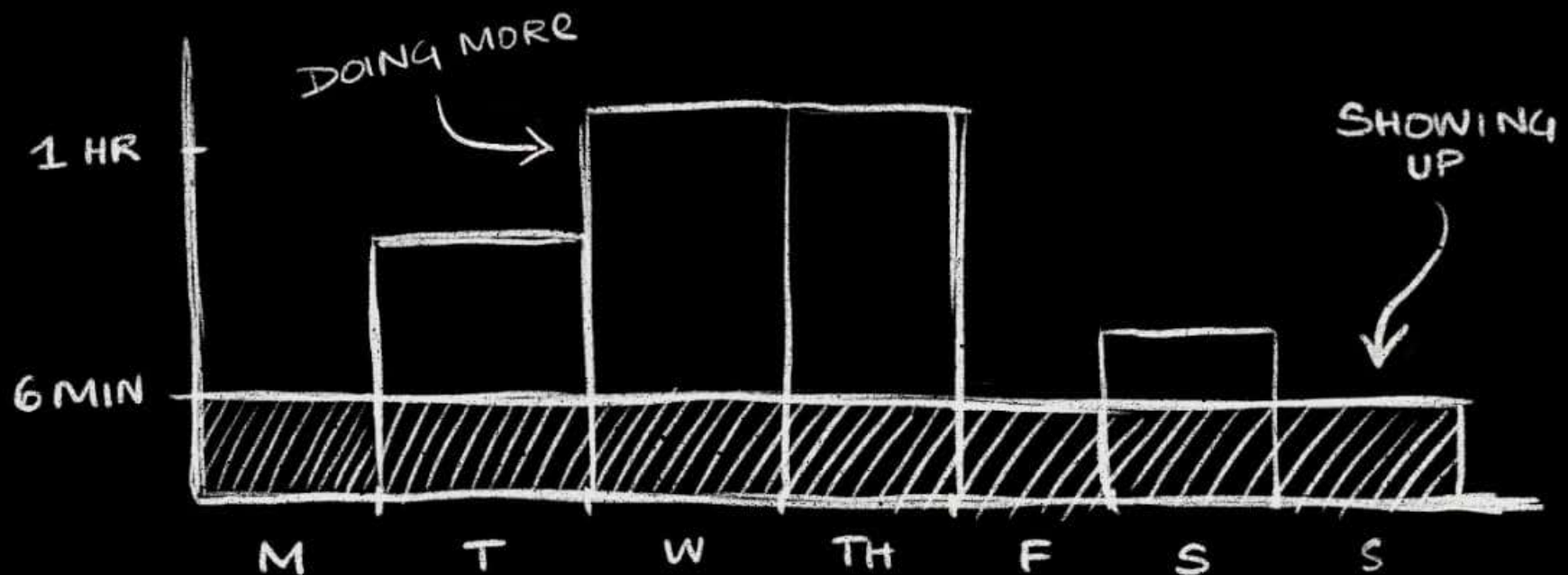
# 1. SET AN EASY GOAL FOR SUCCESS

INSTEAD OF AIMING TO INK FOR AN HOUR OR TO CREATE A BIG PIECE EVERYDAY, GIVE YOURSELF A TINY GOAL TO HIT.

SUCH AS **"INK FOR 6 MINS A DAY"**

IF YOU FEEL LIKE DOING MORE, DO MORE!  
IF NOT, DO THE MINIMUM AND CALL IT A DAY.

**CONSISTENCY** OVER INTENSITY!



## 2. DROP YOUR EXPECTATIONS

YOU CANT EXPECT TO CREATE MASTERPIECES EVERYDAY.  
IT DOESN'T HAPPEN ALL THE TIME.

THIS MINDSET OFTEN DERAILS OUR PROJECT.

RATHER, EXPECT TO *PUT IN THE WORK*,  
WHICH OFTEN LEADS TO GOOD RESULTS.



### 3. THE DIP

THERE WILL COME A POINT WHERE YOU ARE BORED OR  
THINGS GET CHALLENGING.

BE AWARE OF THAT AND RIDE THE DIP.

FINISH WHAT YOU'VE STARTED.  
AND START WHAT YOU CAN FINISH.



## 4. FOCUS ON WHAT YOU CAN CONTROL

YOU CANT CONTROL HOW WELL YOUR PIECE TURNS OUT.

WHAT YOU **CAN** CONTROL IS THE AMOUNT OF WORK YOU PUT IN WHICH DICTATES THE OUTCOME.

FOCUS ON THE PROCESS! NOT THE RESULT.



SHARE THESE WITH PEOPLE WHO MAY  
FIND IT USEFUL....

BY  
**KOSH**

@KESHRT